

# Knitables

## Hearts and Rainbows



### Measurements

Large heart: Height measures approximately 7cm (2.76in), width approximately 8cm (3.15in)

Small heart: Height measures approximately 4cm (1.58in), width approximately 5cm (1.97in)

Large rainbow: Height measures approximately 6cm (2.36in), width approximately 12cm (4.72in)

Small rainbow: Height measures approximately 4cm (1.58in), width approximately 9cm (3.54in)

### Equipment and Materials

One pair of 3.25mm knitting needles (UK10 / US3)

One wool sewing needle

Good quality washable polyester toy filling (approximately 3g)

Scissors

## Yarn

The yarns listed may be substituted for any DK yarn

Large Heart: Red yarn, 10g (21m)

Small Heart: Pink yarn, oddment of yarn

Rainbow: Oddments of red, orange, yellow, green, blue, indigo and violet double knitting yarn.

## Abbreviations

<b>K</b>	Knit
<b>P</b>	Purl
<b>st(s)</b>	Stitch(es)
<b>m1</b>	Make one stitch by picking up the horizontal loop before next stitch and knitting into the back of it
<b>Inc 1</b>	Increase one by knitting into the front and back of the stitch
<b>K2tog</b>	Knit two stitches together
<b>SSK</b>	Slip, slip, knit (Decrease - slip the next stitch on the left needle knitwise, then slip the next stitch on the left needle purlwise. Take the left needle and knit through the front of the two slipped stitches on the right needle)
<b>P2tog</b>	Purl two stitches together
<b>s1</b>	Slip 1 stitch (stitch is passed from the left needle to the right needle without being knitted, slip purl-wise)
<b>B &amp; T</b>	Break yarn, leaving a long end. Thread through remaining stitches on needle, draw up tightly and secure by threading yarn a second time through sts

## Pattern Notes

### Instructions in round brackets

These are to be repeated the number of times stated after the closing bracket.

### Making up

To create a neat, invisible seam when joining pieces use a mattress stitch, with right side of work uppermost. When casting on leave a length of yarn that could be used to sew up the seam if required.

### Toy Safety

Please ensure that attached pieces are sewn on very securely and seams are tightly finished off.

### Tutorials

For tips and advice on the various stitches and techniques used in this pattern, please refer to the video tutorials on **[www.knitable.com](http://www.knitable.com)**

## Large Heart

Heart *(make two)*

Begin at the bottom of the heart and with red yarn cast on 2 sts

**Row 1** Inc 1, K1 (3 sts)

**Row 2** Purl

**Row 3** K1, Inc 1, K1 (4 sts)

**Row 4** *Next and every following alternate row:* P1, Knit to last stitch, P1

**Row 5** K1, (Inc 1) 2 times, K1 (6 sts)

**Row 7** K1, Inc 1, K1, Inc 1, K2 (8 sts)

**Row 9** K1, Inc 1, K3, Inc 1, K2 (10 sts)

**Row 11** K1, Inc 1, K5, Inc 1, K2 (12 sts)

**Row 13** K1, Inc 1, K7, Inc 1, K2 (14 sts)

**Row 15** K1, Inc 1, K9, Inc 1, K2 (16 sts)

**Row 17** K1, Inc 1, K11, Inc 1, K2 (18 sts)

**Row 19** K1, Inc 1, K13, Inc 1, K2 (20 sts)

**Row 21** K1, Inc 1, K15, Inc 1, K2 (22 sts)

**Row 23** K1, Inc 1, K17, Inc 1, K2 (24 sts)

**Row 25** Knit

**Row 27** Knit

**Row 29** Knit

**\* Row 30** *Left side* P1, K10, P1, turn (work on these 12 sts only)

**Row 31** Knit

**Row 32** P1, K10, P1

**Row 33** K9, SSK, K1 (11 sts)

**Row 34** P1, K7, SSK, P1 (10 sts)

**Row 35** K7, SSK, K1 (9 sts)

**Row 36** P1, K7, P1

**Row 37** K1, K2tog, K3, SSK, K1 (7 sts)

**Row 38** P1, K2tog, K1, SSK, P1 (5 sts)

**Row 39** SSK, K1, K2tog (3 sts) B&T

**\* Row 30** *Right side* Re-join yarn P1, K10, P1

**Row 31** Knit

**Row 32** P1, K10, P1

**Row 33** K1, K2tog, K9 (11 sts)

**Row 34** P1, K2tog, K7, P1 (10 sts)

**Row 35** K1, K2tog, K7 (9 sts)

**Row 36** P1, K7, P1

**Row 37** K1, K2tog, K3, SSK, K1 (7 sts)



**Row 38** P1, K2tog, K1, SSK, P1 (5 sts)

**Row 39** SSK, K1, K2tog (3 sts) B&T

Weave in all the yarn ends. Place one heart on top the other and join the side edges, leaving a small opening. Stuff the heart and close the seam.

## Small Heart

### Heart

Begin at the bottom of the heart and with pink yarn cast on 2 sts

**Row 1** Inc 1, K1 (3 sts)

**Row 2** Purl

**Row 3** K1, Inc 1, K1 (4 sts)

**Row 4** *Next and every following alternate row:* P1, Knit to last stitch, P1

**Row 5** K1, (Inc 1) 2 times, K1 (6 sts)

**Row 7** K1, Inc 1, K1, Inc 1, K2 (8 sts)

**Row 9** K1, Inc 1, K3, Inc 1, K2 (10 sts)

**Row 11** K1, Inc 1, K5, Inc 1, K2 (12 sts)

**Row 13** K1, Inc 1, K7, Inc 1, K2 (14 sts)

**Row 15** Knit

\* **Row 16** *Left side* P1, K5, P1, turn (work on these 7 sts only)

**Row 17** K4, SSK, K1 (6 sts)

**Row 18** P1, K2, SSK, P1 (5 sts)

**Row 19** SSK, K1, K2tog (3 sts) B&T

\* **Row 16** *Right side* Re-join yarn P1, K5, P1

**Row 17** K1, K2tog, K4 (6 sts)

**Row 18** P1, K2tog, K2, P1 (5 sts)

**Row 19** SSK, K1, K2tog (3 sts) B&T



Weave in all the yarn ends. Sew the heart onto the teddy.

## Large Rainbow

The rainbow is made as a circle and then folded in half when finished

Begin at the top edge of the rainbow and with red yarn cast on 89 sts

**Row 1** (K1, P1) to end

**Row 2** (K1, P1) to end

**Row 3** Change to orange yarn, K1, (K3, K2tog, K3) 11 times (78 sts)

**Row 4** (K1, P1) to end

**Row 5** (P1, K1) to end

**Row 6** Change to yellow yarn, P1, (P2, P2tog, P3) 11 times (67 sts)

**Row 7** (K1, P1) to end

**Row 8** (K1, P1) to end

**Row 9** Change to green yarn, K1, (K2, K2tog, K2) 11 times (56 sts)

**Row 10** (K1, P1) to end

**Row 11** (P1, K1) to end

**Row 12** Change to blue yarn, P1, (P1, P2tog, P2) 11 times (45 sts)

**Row 13** (K1, P1) to end

**Row 14** (K1, P1) to end

**Row 15** Change to indigo yarn, K1, (K1, K2tog, K1) 11 times (34 sts)

**Row 16** (K1, P1) to end

**Row 17** (P1, K1) to end

**Row 18** Change to violet yarn, P1, (P2tog, P1) 11 times (23 sts)

**Row 19** (K1, P1) to end

**Row 20** (K1, P1) to end

**Row 21** K1, (K2tog) 11 times (12 sts) B&T



Weave in all the yarn ends, leaving the tail end of the red yarn used for casting on. Fold the piece in half and working up from the gathered centre, join the side edges using mattress stitch, leaving the cast on edge open. Place this seam at the centre back of the rainbow. If possible, split the tail end of the red yarn in half and use these yarns to sew each side of the red edges together (using a thinner yarn gives a neater finish to the edge). Should you wish you can add a little toy stuffing before completely closing this seam.



## Small Rainbow

Begin at the top edge of the rainbow and with red yarn cast on 65 sts

**Row 1** (K1, P1) to end

**Row 2** Change to orange yarn, K1, (K3, K2tog, K3) 8 times (57 sts)

**Row 3** (K1, P1) to end

**Row 4** Change to yellow yarn, K1, (K2, K2tog, K3) 8 times (49 sts)

**Row 5** (K1, P1) to end

**Row 6** Change to green yarn, K1, (K2, K2tog, K2) 8 times (41 sts)

**Row 7** (K1, P1) to end

**Row 8** Change to blue yarn, K1, (K1, K2tog, K2) 8 times (33 sts)

**Row 9** (K1, P1) to end

**Row 10** Change to indigo yarn, K1, (K1, K2tog, K1) 8 times (25 sts)

**Row 11** (K1, P1) to end

**Row 12** Change to violet yarn, K1, (K2tog, K1) 8 times (17 sts)

**Row 13** (K1, P1) to end

**Row 14** K1, (K2tog) 8 times (9 sts) B&T

To make up please follow the instructions for the large rainbow.

