

Knitables

Hearts and Rainbows



Measurements

Large heart: Height measures approximately 7cm (2.76in), width approximately 8cm (3.15in)

Small heart: Height measures approximately 4cm (1.58in), width approximately 5cm (1.97in)

Large rainbow: Height measures approximately 6cm (2.36in), width approximately 12cm (4.72in)

Small rainbow: Height measures approximately 4cm (1.58in), width approximately 9cm (3.54in)

Equipment and Materials

One pair of 3.25mm knitting needles (UK10 / US3)

One wool sewing needle

Good quality washable polyester toy filling (approximately 3g)

Scissors

Yarn

The yarns listed may be substituted for any DK yarn

Large Heart: Red yarn, 10g (21m)

Small Heart: Pink yarn, oddment of yarn

Rainbow: Oddments of red, orange, yellow, green, blue, indigo and violet double knitting yarn.

Abbreviations

K	Knit
P	Purl
st(s)	Stitch(es)
m1	Make one stitch by picking up the horizontal loop before next stitch and knitting into the back of it
Inc 1	Increase one by knitting into the front and back of the stitch
K2tog	Knit two stitches together
SSK	Slip, slip, knit (Decrease - slip the next stitch on the left needle knitwise, then slip the next stitch on the left needle purlwise. Take the left needle and knit through the front of the two slipped stitches on the right needle)
P2tog	Purl two stitches together
s1	Slip 1 stitch (stitch is passed from the left needle to the right needle without being knitted, slip purl-wise)
B & T	Break yarn, leaving a long end. Thread through remaining stitches on needle, draw up tightly and secure by threading yarn a second time through sts

Pattern Notes

Instructions in round brackets

These are to be repeated the number of times stated after the closing bracket.

Making up

To create a neat, invisible seam when joining pieces use a mattress stitch, with right side of work uppermost. When casting on leave a length of yarn that could be used to sew up the seam if required.

Toy Safety

Please ensure that attached pieces are sewn on very securely and seams are tightly finished off.

Tutorials

For tips and advice on the various stitches and techniques used in this pattern, please refer to the video tutorials on www.knitable.com

Large Heart

Heart *(make two)*

Begin at the bottom of the heart and with red yarn cast on 2 sts

Row 1 Inc 1, K1 (3 sts)

Row 2 Purl

Row 3 K1, Inc 1, K1 (4 sts)

Row 4 *Next and every following alternate row:* P1, Knit to last stitch, P1

Row 5 K1, (Inc 1) 2 times, K1 (6 sts)

Row 7 K1, Inc 1, K1, Inc 1, K2 (8 sts)

Row 9 K1, Inc 1, K3, Inc 1, K2 (10 sts)

Row 11 K1, Inc 1, K5, Inc 1, K2 (12 sts)

Row 13 K1, Inc 1, K7, Inc 1, K2 (14 sts)

Row 15 K1, Inc 1, K9, Inc 1, K2 (16 sts)

Row 17 K1, Inc 1, K11, Inc 1, K2 (18 sts)

Row 19 K1, Inc 1, K13, Inc 1, K2 (20 sts)

Row 21 K1, Inc 1, K15, Inc 1, K2 (22 sts)

Row 23 K1, Inc 1, K17, Inc 1, K2 (24 sts)

Row 25 Knit

Row 27 Knit

Row 29 Knit

* **Row 30** *Left side* P1, K10, P1, turn (work on these 12 sts only)

Row 31 Knit

Row 32 P1, K10, P1

Row 33 K9, SSK, K1 (11 sts)

Row 34 P1, K7, SSK, P1 (10 sts)

Row 35 K7, SSK, K1 (9 sts)

Row 36 P1, K7, P1

Row 37 K1, K2tog, K3, SSK, K1 (7 sts)

Row 38 P1, K2tog, K1, SSK, P1 (5 sts)

Row 39 SSK, K1, K2tog (3 sts) B&T

* **Row 30** *Right side* Re-join yarn P1, K10, P1

Row 31 Knit

Row 32 P1, K10, P1

Row 33 K1, K2tog, K9 (11 sts)

Row 34 P1, K2tog, K7, P1 (10 sts)

Row 35 K1, K2tog, K7 (9 sts)

Row 36 P1, K7, P1

Row 37 K1, K2tog, K3, SSK, K1 (7 sts)



Row 38 P1, K2tog, K1, SSK, P1 (5 sts)

Row 39 SSK, K1, K2tog (3 sts) B&T

Weave in all the yarn ends. Place one heart on top the other and join the side edges, leaving a small opening. Stuff the heart and close the seam.

Small Heart

Heart

Begin at the bottom of the heart and with pink yarn cast on 2 sts

Row 1 Inc 1, K1 (3 sts)

Row 2 Purl

Row 3 K1, Inc 1, K1 (4 sts)

Row 4 *Next and every following alternate row:* P1, Knit to last stitch, P1

Row 5 K1, (Inc 1) 2 times, K1 (6 sts)

Row 7 K1, Inc 1, K1, Inc 1, K2 (8 sts)

Row 9 K1, Inc 1, K3, Inc 1, K2 (10 sts)

Row 11 K1, Inc 1, K5, Inc 1, K2 (12 sts)

Row 13 K1, Inc 1, K7, Inc 1, K2 (14 sts)

Row 15 Knit

* **Row 16** *Left side* P1, K5, P1, turn (work on these 7 sts only)

Row 17 K4, SSK, K1 (6 sts)

Row 18 P1, K2, SSK, P1 (5 sts)

Row 19 SSK, K1, K2tog (3 sts) B&T

* **Row 16** *Right side* Re-join yarn P1, K5, P1

Row 17 K1, K2tog, K4 (6 sts)

Row 18 P1, K2tog, K2, P1 (5 sts)

Row 19 SSK, K1, K2tog (3 sts) B&T



Weave in all the yarn ends. Sew the heart onto the teddy.

Large Rainbow

The rainbow is made as a circle and then folded in half when finished

Begin at the top edge of the rainbow and with red yarn cast on 89 sts

Row 1 (K1, P1) to end

Row 2 (K1, P1) to end

Row 3 Change to orange yarn, K1, (K3, K2tog, K3) 11 times (78 sts)

Row 4 (K1, P1) to end

Row 5 (P1, K1) to end

Row 6 Change to yellow yarn, P1, (P2, P2tog, P3) 11 times (67 sts)

Row 7 (K1, P1) to end

Row 8 (K1, P1) to end

Row 9 Change to green yarn, K1, (K2, K2tog, K2) 11 times (56 sts)

Row 10 (K1, P1) to end

Row 11 (P1, K1) to end

Row 12 Change to blue yarn, P1, (P1, P2tog, P2) 11 times (45 sts)

Row 13 (K1, P1) to end

Row 14 (K1, P1) to end

Row 15 Change to indigo yarn, K1, (K1, K2tog, K1) 11 times (34 sts)

Row 16 (K1, P1) to end

Row 17 (P1, K1) to end

Row 18 Change to violet yarn, P1, (P2tog, P1) 11 times (23 sts)

Row 19 (K1, P1) to end

Row 20 (K1, P1) to end

Row 21 K1, (K2tog) 11 times (12 sts) B&T



Weave in all the yarn ends, leaving the tail end of the red yarn used for casting on. Fold the piece in half and working up from the gathered centre, join the side edges using mattress stitch, leaving the cast on edge open. Place this seam at the centre back of the rainbow. If possible, split the tail end of the red yarn in half and use these yarns to sew each side of the red edges together (using a thinner yarn gives a neater finish to the edge). Should you wish you can add a little toy stuffing before completely closing this seam.

Small Rainbow

Begin at the top edge of the rainbow and with red yarn cast on 65 sts

Row 1 (K1, P1) to end

Row 2 Change to orange yarn, K1, (K3, K2tog, K3) 8 times (57 sts)

Row 3 (K1, P1) to end

Row 4 Change to yellow yarn, K1, (K2, K2tog, K3) 8 times (49 sts)

Row 5 (K1, P1) to end

Row 6 Change to green yarn, K1, (K2, K2tog, K2) 8 times (41 sts)

Row 7 (K1, P1) to end

Row 8 Change to blue yarn, K1, (K1, K2tog, K2) 8 times (33 sts)

Row 9 (K1, P1) to end

Row 10 Change to indigo yarn, K1, (K1, K2tog, K1) 8 times (25 sts)

Row 11 (K1, P1) to end

Row 12 Change to violet yarn, K1, (K2tog, K1) 8 times (17 sts)

Row 13 (K1, P1) to end

Row 14 K1, (K2tog) 8 times (9 sts) B&T

To make up please follow the instructions for the large rainbow.

